

PE curriculum yearly overview

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception						
Learning Behaviour	Personal Follow instruction	Social Play with others	Cognitive Follow Rules	Creative Observe and copy	Physical Move in different ways	Health and Fitness Exercise and good health
Fundamental movement skills	Coordination – footwork Static balance – One leg	Dynamic balance to agility – jumping and landing. Static balance – seated	Dynamic balance – on a line. Static balance – stance	Coordination – ball skills Counter balance – with a partner	Coordination – sending and receiving Agility – Reaction/Response	Agility – Ball chasing Static balance – floor work
Year 1						
Learning Behaviour	Personal Stay on task	Social Understand others	Cognitive Observe and describe	Creative Explore and describe	Physical Control movement	Health and Fitness Exercise and the body
Fundamental movement skills	Coordination – footwork Static balance – One leg	Dynamic balance to agility – jumping and landing. Static balance – seated	Dynamic balance – on a line. Static balance – stance	Coordination – ball skills Counter balance – with a partner	Coordination – sending and receiving Agility – Reaction/Response	Agility – Ball chasing Static balance – floor work
Year 2						
Learning Behaviour	Personal Keep trying	Social Help and encourage	Cognitive Understand performance	Creative Link movements	Physical Sequence movements and skills	Health and Fitness Practise safely
Fundamental movement skills	Coordination – footwork Static balance – One leg	Dynamic balance to agility – jumping and landing. Static balance – seated	Dynamic balance – on a line. Static balance – stance	Coordination – ball skills Counter balance – with a partner	Coordination – sending and receiving Agility – Reaction/Response	Agility – Ball chasing Static balance – floor work